

martins

bakers & sandwich makers

SELF SERVICE

SANDWICHES UP TO 45p CHEAPER THAN MADE TO ORDER

SAVE
AND AVOID
THE QUEUE

Ham Salad Muffin < 400kcal	2.40	Tandoori Chicken Wrap < 400kcal	2.90	Fruit Pot	1.35
Ham Salad Stick	2.90	Southern Fried Chicken Muffin	2.80	Grape Pot	0.95
Ham Muffin < 400kcal	2.20	Quiche Salad Slice	1.30	Trifle Pot	1.20
Sandwich of the day	2.80	Southern Fried Chicken Salad Box	3.40	Choc Fudge Slice	1.50
Cajun Chicken Muffin	2.25	Chicken Pasta	1.85	Carrot Cake Slice	1.50
Cajun Chicken Stick	2.65	Chicken & Bacon Pasta	1.95	Walkers Crisps	0.65
Tuna Mayo Muffin	2.20	Large Salad Bowl 2 of your 5 a day	2.45	Lancashire Crisps	0.90
Tuna Salad Muffin	2.35	+ Extra Fillings from	0.70		
Turkey Salad Muffin < 400kcal	2.35	Cheese Savoury Cajun Chicken Spicy Cajun Cheese Ham Tuna Crunch Chicken Breast			
Egg Mayo Muffin	2.20				

We make all of our sandwiches fresh daily and stick to our promise of

Made today - Sold today

MADE TO ORDER SANDWICHES

EASY AS

1

2

3

SUBJECT TO AVAILABILITY

CHOOSE YOUR

1 BASE

	from
White Muffin	2.60
Brown Muffin	2.60
Oven Bottom Muffin	2.70
White Crusty Stick	3.00
Harvester Crusty Stick	3.00
White Soft Sub	3.00
Harvester Soft Sub	3.00
White Bread	3.00
Wholemeal Bread	3.00
Harvester Bread	3.00
Wrap / Ciabatta	3.00
Seeded Bloomer	3.00

ADD A

2 FILLING

	...all the same price
Ham	<i>roasted in our bakery ovens</i>
Turkey	<i>sliced in our shops</i>
Chicken	<i>sliced in our shops</i>
Cajun Chicken	<i>Martins own special recipe</i>
Spicy Cajun	<i>roast chicken + cajun spices</i>
Egg Mayo	<i>free range eggs</i>
Cheese	<i>grated mature cheddar</i>
Tuna	<i>dolphin friendly</i>
Tuna Mayo	<i>with sweetcorn & light mayo</i>
Tuna Crunch	<i>with mixed veg pieces</i>
Roast Veg	<i>made in our bakery kitchen</i>
Full Salad	<i>with more salad items</i>

ADD STANDARD

3 SALAD

	Muffin	Stick
Full Salad	0.25	0.30
Lettuce, Tomato Cucumber & Onion		
Lettuce	0.15	0.20
Iceberg Shredded Iceberg Mixed Leaf		
Tomato	0.15	0.20
Cucumber	0.10	0.15
Onion	FREE	FREE
Salad Extras		
Coleslaw	0.25	0.25
Beetroot	0.25	0.25
1/2 Boiled Egg	0.25	0.25

OTHER

EXTRAS

Stuffing	0.25	Cheese Tub	0.85
Crispy Bacon	0.40	Slice of Turkey	0.85
Bacon Slice	0.35	Slice of Ham	0.85
Beans	0.35	Cajun Chicken	1.10
Buttered Barm	0.40	Chicken Breast	1.10
Roasted Veg	0.70	Cheese Sprinkle	0.50
Tuna	0.75		

ONE FREE

DRESSING

Mayonnaise	Piccalilli
Light Mayonnaise	Branston Pickle
Salad Cream	Cranberry Sauce
Tomato Ketchup	Bramley Apple Sauce
HP Sauce	Wholegrain Mustard
2nd / Additional Dressings + 0.10	

Menus subject to product change. Prices from 6th November 2017

For details of your local shop or other enquiries, please contact our Help Desk on 0161 688 5588

All stated prices are take away only. Surcharges apply when products are eaten in at participating Cafes.

Sandwich fillings are not guaranteed to be Allergen free, please speak to the Manager for further information



Martins produced food approved by The Vegetarian Society



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BAKED POTATOES

with butter	2.10
+ Cajun Chicken	3.00
+ Cheese	3.00
+ Beans	2.90
+ Coleslaw	2.90
+ Tuna Sweetcorn	2.90
+ Cheese & Beans	3.80
+ Coleslaw & Cheese	3.80
+ Side Salad	0.50

Tomatoes, Lettuce, Cucumber

SOUPS

made by our chef at our bakery

	300g serving	
Pea & Ham	233kcal	1.85
Tomato & Basil	153kcal	1.70
Pea & Lentil		1.70

Seasonal Soups

Minestrone	95kcal	1.85
Potato & Leek	204kcal	1.70
Mushroom	142kcal	1.70
Thai Turkey	171kcal	1.70

PIES & PASTIES

	Freshly Baked	Kept Hot + VAT
Sausage Roll	1.00	1.20
Cheese & Spinach Roll	1.00	1.20
Cheese Pasty	1.40	1.68
Potato & Meat Pasty	1.30	1.56
Vegetable Curry Pasty	1.30	1.56
Peppered Steak Pasty	1.40	1.68
Jamaican Meat Patty	1.40	1.68
Bacon Tasty	1.25	1.50
Steak Pie	1.70	2.04
Steak & Ale (Manchester Pale Ale) NEW	2.00	2.40
Meat Pie	1.45	1.74
Potato & Meat Pie	1.55	1.86
Cottage (seasonal)	1.40	1.68
Hot Pot	1.85	2.22

HOT POT WITH RED CABBAGE



BREAKFAST

ALL DAY BREAKFAST - ANY 4 ITEMS!

All Day Breakfast Muffin	2.60	<i>Extra items</i>	
All Day Breakfast Sub	3.20	+ Fried Egg	0.50
Bacon Muffin	1.90	+ Rasher of Bacon	0.40
Bacon Sub / Toast	2.60	+ Sausage	0.40
Sausage Muffin	2.10	Toast per slice	2.20
Sausage Sub / Toast	2.60	Toasted Teacake	0.38
Fried Egg Muffin	1.80	Fruit Toast - Hot	1.50
Fried Egg on Toast	2.30	Hot Potato Cake	1.30

HOT DRINKS

	regular	large
Tea - PG Tips	1.00	1.15
Speciality Teas	1.15	1.30
Green		
Peppermint		
Fruit		
Americano	1.60	1.90
Latte	2.00	2.40
Cappuccino	2.00	2.40
Espresso	1.60	-
Hot Chocolate	1.80	2.10

MELTS & PIZZAS

	Freshly Baked	Kept Hot + VAT
Pizza Napoli	1.40	1.68
Roast Veg Pizza	1.50	1.80
Pepperoni Pizza	1.50	1.80
Tuna S/corn Melt	2.65	3.18
Cajun Chicken Melt	2.70	3.24
Cheese Savoury Melt	2.60	3.12
Chicken & Bacon Melt	2.70	3.24
Spicy Cajun Melt	2.90	3.48

DESSERTS & CAKES

Chocolate Brownie	1.60
Flapjack	1.40
Iced Finger	0.50
Small Egg Custard	0.80
Large Egg Custard	1.30
Apple Tart	0.80
Bakewell Tart	1.40
Eccles Cake	1.10
Trifle Pot	1.20
Fruit Salad	1.35
Vanilla	1.20
Bavarian	1.45
Lemon Bun	1.35
Chocolate Eclair	1.10
Chocolate Cake Slice	1.50
Carrot Cake Slice	1.50

COLD DRINKS

Lucozade	1.25	Martins Fresh Orange	1.20	Ribena	0.80
Oasis	1.25	Coca-Cola Can/Bottle	0.85/1.25	Volvic	1.20
Still Water	0.90	Cawston Press Can	1.00	Vimto	1.25