

MADE TO ORDER SANDWICHES

martins
Craft Bakery




We don't start baking our bread until the early morning...it's *fresh* everyday!

HAM roasted in our own ovens	Muffin	Stick
Ham	2.55	3.00
Ham & Coleslaw	2.80	3.25
Ham Salad	2.80	3.30
Ham & Cheddar Cheese	3.05	3.50
Ham & Tomato	2.70	3.20

CHICKEN freshly sliced in the shop	Muffin	Stick
Chicken Breast	2.50	2.90
Chicken & Stuffing	2.75	3.15
Chicken Salad	2.75	3.20
Chicken Salad & Crispy Bacon	3.15	3.60
Chicken & Roasted Vegetables	3.20	3.58
Cajun Chicken	2.65	3.05
Cajun Chicken Salad	2.90	3.35
Spicy Cajun Chicken	2.85	3.25

TURKEY naturally cooked breast meat	Muffin	Stick
Turkey Breast	2.50	2.90
Turkey & Stuffing	2.75	3.15
Turkey Salad	2.75	3.20
Turkey & Mayo	2.50	2.90
Turkey & Roasted Vegetables	3.20	3.58

EXTRAS your sandwich, your way salad as standard = lettuce / tomato / cucumber			
Coleslaw	0.25	Crispy Bacon	0.40
Stuffing	0.25	Bacon Slice	0.35
1/2 Egg	0.25	Beans	0.35
Beetroot	0.25	Cheese Sprinkle	0.50

CHEESE		Muffin	Stick
Cheddar Cheese		2.50	2.90
Cheddar Cheese Salad		2.75	3.20
Cheddar Cheese & Tomato		2.65	3.05

EGG MAYO free range eggs		Muffin	Stick
Egg Mayo		2.40	2.80
Egg Mayo & Crispy Bacon		2.80	3.20
Egg Mayo & Roast Ham		3.25	3.65
Egg Mayo Salad		2.65	3.10
Egg Mayo Salad & Crispy Bacon		3.05	3.50

TUNA dolphin friendly		Muffin	Stick
Tuna		2.50	2.90
Tuna Salad		2.75	3.20
Tuna Crunch		2.50	2.90
Tuna Mayo (with sweetcorn)		2.50	2.90
Tuna Mayo (with sweetcorn) Salad		2.75	3.20

FREE DRESSINGS & PICKLES

1 portion free on all made to order sandwiches

Mayonnaise	Salad Cream	Onions
Branston Pickle	Cranberry	Piccalilli
Tomato Ketchup	Wholegrain Mustard	

Slice of Turkey	0.85	Cheese Tub	0.85
Slice of Ham	0.85	Tuna	0.75
Cajun Chicken	1.10	Roasted Veg	0.70
Chicken Breast	1.10	Buttered Barm	0.40

SELF SERVICE SANDWICHES & SALADS

save up to 40p per sandwich

MADE FRESH EVERYDAY

Ham Salad Muffin	2.40
Sandwich of the day	2.80
Cajun Chicken Muffin	2.25
Tuna Mayo Muffin	2.10
Ham Muffin	2.15
Ham Salad Stick	2.90
Cajun Chicken Stick	2.65
Turkey Salad Muffin	2.35
Egg Mayo Muffin	2.10
Tuna Salad Muffin	2.35
Cheese & Tomato Muffin	2.25

Turkey Feast on harvester with stuffing, crispy bacon & cranberry sauce 3.60

Chef special

Chicken Pasta	1.85
Chicken & Bacon Pasta	1.95
Large Salad Bowl <small>2 of your 5 a day</small>	2.45
+ Extra Fillings	0.70
<i>Cheese Savoury Cajun Chicken</i>	
<i>Cheese Ham Tuna Crunch</i>	
<i>Chicken Breast Spicy Cajun</i>	



NEW FRESH SALADS

Menus subject to product change. Prices from 13th July 2017

For details of your local shop or other enquiries, please contact our Help Desk on 0161 688 5588

All stated prices are take away only. Surcharges apply when products are eaten in at participating Cafes.

Sandwich fillings are not guaranteed to be Allergen free, please speak to the Manager for further information



Martins produced food approved by The Vegetarian Society



LUNCH MENU

PIES & PASTIES

	Freshly Baked	Kept Hot + VAT
Sausage Roll	1.00	1.20
Cheese & Spinach Roll 	1.00	1.20
Cheese Pasty 	1.40	1.68
Potato & Meat Pasty	1.30	1.56
Vegetable Curry Pasty 	1.30	1.56
Peppered Steak Pasty	1.40	1.68
Jamaican Meat Patty	1.40	1.68
Bacon Tasty	1.25	1.50
Steak Pie	1.65	1.98
Meat Pie	1.40	1.68
Potato & Meat Pie	1.50	1.80
Cottage <i>(seasonal)</i>	1.40	1.68
Hot Pot	1.85	2.22



BREAKFAST

All Day Breakfast Muffin	2.60
All Day Breakfast Sub	3.20
Bacon Muffin	1.90
Bacon Sub / Toast	2.60
Sausage Muffin	2.10
Sausage Sub / Toast	2.60
Fried Egg Muffin	1.70
Fried Egg on Toast	2.20
Toast per slice	0.38
Toasted Teacake	0.70
Fruit Toast - Hot	1.50
Hot Potato Cake	1.30
+ Fried Egg	0.45
+ Rasher of Bacon	0.40

MELTS & PIZZAS

	Freshly Baked	Kept Hot + VAT
Pizza Napoli Pizza 	1.40	1.68
Roasted Vegetable Pizza 	1.50	1.80
Pepperoni Pizza	1.50	1.80
Tuna Mayo Sweetcorn Melt	2.65	3.18
Cajun Chicken Melt	2.70	3.24
Cheese Savoury Melt	2.60	3.12
Chicken & Bacon Melt	2.70	3.24
Spicy Cajun Chicken Melt	2.90	3.48

BAKED POTATOES

with butter	2.10
+ Cajun Chicken	3.00
+ Cheese	3.00
+ Beans	2.90
+ Coleslaw	2.90
+ Tuna Sweetcorn	2.90
+ Cheese & Beans	3.80
+ Coleslaw & Cheese	3.80
+ Side Salad	0.50

Tomatoes, Lettuce, Cucumber



SOUPS

homemade at our bakery

Pea & Ham	1.85
Ham & Sweetcorn	1.85
Tomato & Basil	1.70
Potato & Leek	1.70

DESSERTS & CAKES

Fruit Salad	1.30	Chocolate Brownie	1.50
Chunky Fruit Salad	1.90	Lemon Yum Yum	1.00
Vanilla	1.10	Iced Finger	0.50
Bavarian	1.35	Small Egg Custard	0.70
Lemon Bun	1.30	Large Egg Custard	1.20
Chocolate Eclair	1.00	Apple Tart	0.80
Chocolate Cake Slice	1.50	Bakewell Tart	1.30
Carrot Cake Slice	1.50	Eccles Cake	1.10
		Trifle Pot	1.20

DRINKS & CRISPS

	regular	large
Tea - PG Tips	1.00	1.15
Speciality Teas <i>(selected shops)</i>	1.15	1.30
Green		
Peppermint		
Fruit		
Americano <i>espresso, hot water, cold milk</i>	1.60	1.90
Latte <i>espresso and hot milk</i>	2.00	2.40
Cappuccino <i>espresso and frothed milk</i>	2.00	2.40
Espresso	1.60	-
Hot Chocolate	1.80	2.10

Martins Fresh Orange	1.20	Lucozade	1.25
Coca-Cola Can	0.85	Coca-Cola Bottle	1.20
Oasis	1.25	Cawston Press Can	1.00
Ribena Carton	0.80	Still Water	0.85
Strawberry Volvic	1.20	Crisps	0.65
Vimto	1.25	Lancashire Crisps	0.90